

CHEMOTHERAPY OF ANTICANCER DRUGS



S.SEETARAM SWAMY, M.Pharm.,
Asst. professor,
Dept. of Pharmaceutical Chemistry,
Chilukur Balaji College of Pharmacy,
E-mail: seetaram.443@gmail.com

**WORLD CANCER DAY
FEBRUARY 04**

Cancer

Cancer is a term used for diseases in which abnormal cells divide without control and are able to invade other tissues. Cancer cells can spread to other parts of the body through the blood and lymph systems.

Cancer it is a class of disease characterized by uncontrolled proliferation of cells. Dedifferentiation, Loss of function, Invasion to local tissues, Spread or metastasis to other parts of the body.

+ *Cancer is not a single disease. It is a group of more than 200 different diseases.*

+ *Cancer may spread to other parts of the body.*

+ *Currently 1 in 4 deaths in USA are due to cancer.*

+ *1 in 17 deaths are due to lung cancer.*

+ *An estimated 2,22,520 people diagnosed lung cancer in the United States in 2010.*

+ *Lung cancer is the most common cancer in men.*

+ *Breast cancer is the most common cancer in women.*

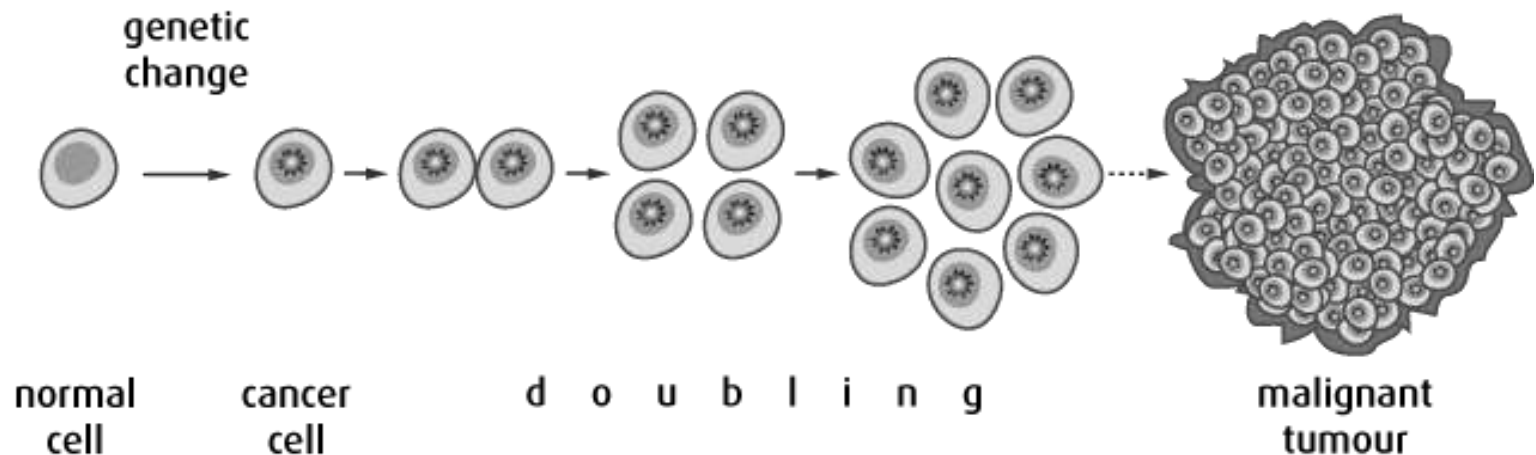
+ *Around 15 lakh new cases are diagnosed every year in India.*

The medical term for tumor (or) cancer is Neoplasm, which means a relatively autonomous growth (or) uncoordinated cell proliferation of body tissue.

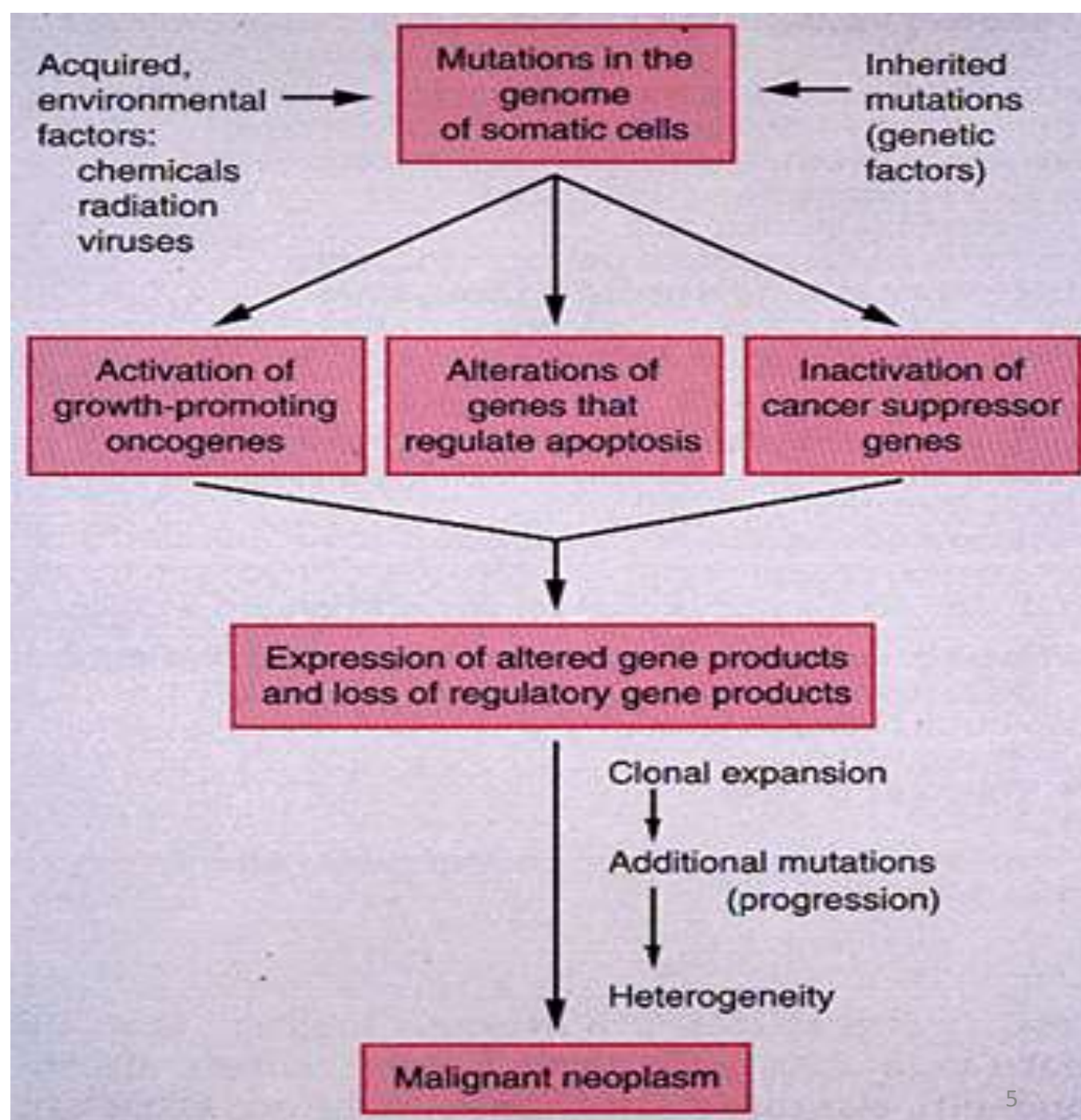
The term Neoplasm means New growth & the process of cell proliferation is called Neoplasia.

*The branch of medicine which deals with the excessive study of neoplasm (tumor) and its development diagnosis and treatment is called “**Oncology.**”*

Cancer Development



MOLECULAR BASIS OF CANCER



TYPES OF TUMORS

Not all tumors are cancerous; tumors can be benign or malignant.

Benign tumors aren't cancerous. They can often be removed, and, in most cases, they do not come back. Cells in benign tumors do not spread to other parts of the body.

Malignant tumors are cancerous. Cells in these tumors can invade nearby tissues and spread to other parts of the body. The spread of cancer from one part of the body to another is called metastasis.

Benign

- Slow growing,
- capsulated,
- Non-invasive
- do not metastasize,
- well differentiated,
- suffix "oma" eg. Fibroma.

Malignant:

- Fast growing,
- non capsulated,
- Invasive & Infiltrate
- Metastasize.
- poorly differentiated,
- Suffix "Carcinoma" or "Sarcoma"

TYPES OF CANCER

BASED ON ORIGIN:

Carcinoma - cancer that begins in the skin or in tissues that line or cover internal organs. There are a number of subtypes of carcinoma, including adenocarcinoma basal cell carcinoma, squamous cell carcinoma and transitional cell carcinoma.

Sarcoma - cancer that begins in bone, cartilage, fat, muscle, blood vessels, or other connective or supportive tissue.

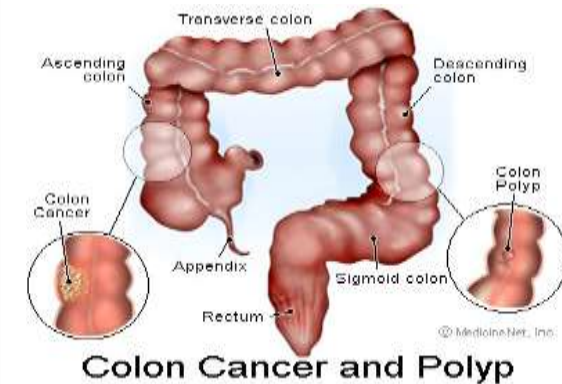
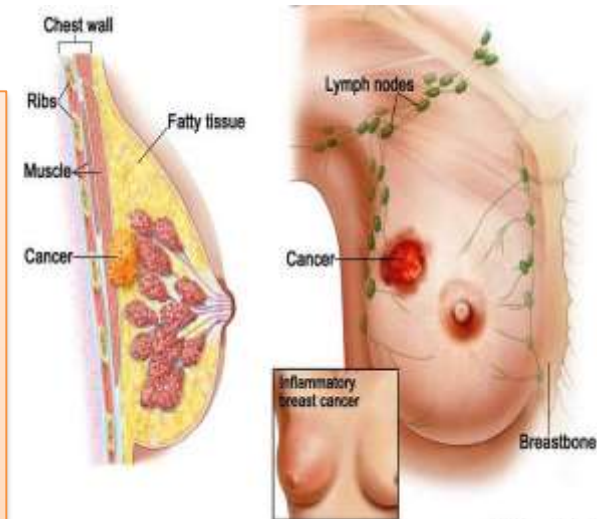
Leukemia - cancer that starts in blood-forming tissue such as the bone marrow and causes large numbers of abnormal blood cells to be produced and enter the blood.

Lymphoma and myeloma - cancers that begin in the cells of the immune system.

Central nervous system cancers - cancers that begin in the tissues of the brain and spinal cord.

Germ cell cancer- germ cells; testicle and ovarian cancers.

Blastoma-resembles embryonic tissue.



The agents which causes cancer is called carcinogenesis.

1. PHYSICAL AGENTS: *UV and ionizing radiations (x-ray, gamma and alpha and beta rays cause cancer, UV rays of sunlight, nuclear fission. These radiations have mutagenic effect. Ex: Leukaemias, skin, lung, breast, osteosarcoma, thyroid cancer*

2. BIOLOGICAL AGENTS:

a) **Bacterial agents:** *peptic ulcers and chronic gastritis and if these are be left untreated for a long time leads to gastric cancer.*

b) **Fungal agents:** *The fungus Aspergillus flavus releases aflatoxins in stored.*

c) **Viral agents:** *Cervical cancer, Burkitt's lymphoma, hairy cell lukaemia, Haepatic carcinoma.*

3. CHEMICAL AGENTS: *Alkylating agents, The acylating agents, Polyaromatic hydrocarbons, Aniline, arsenic, Anthracenes, dimethylsulphate, acetyl imidazole, dimethylcarbamyl chloride.*

4. GENETIC FACTORS: *Genetic inheritance plays a key role in causing some of the cancers (breast carcinoma, retino blastinoma).*

5. DIET AND HABITS: *People taking rich in fats, low fibre content.*



SYMPTOMS

- ❖ ***Significant weight loss***
- ❖ ***Poor appetite***
- ❖ ***Excessive sweating(night sweat)***
- ❖ ***Severe Pains***
- ❖ ***Neurological symptoms***
- ❖ ***Change in appearance***
- ❖ ***Blood in vomiting***
- ❖ ***Chronic cough (lung cancer)***
- ❖ ***Bowel Changes (Colon cancer)***
- ❖ ***Fever(Leukemia and lymphoma)***

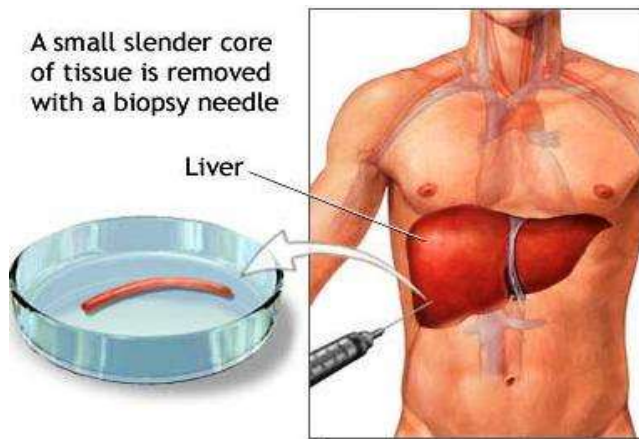
DIAGNOSIS

1. **Physical examination**
2. **Biopsy of the tumor**
3. **Blood tests (Complete Blood Count-CBC)**
4. **Newer molecular and Cellular diagnosis test**

- X-Ray

-MRI scanning (Magnetic resonance imaging)

-CT scan



TREATMENT OF CANCER

1. CHEMOTHERAPY

Rapidly dividing cells metastasised cancers (leukemia and lymphoma)

2. RADIOTHERAPY

In combination with other therapies iodine -131 (thyroid cancer)
iridium-192 (breast cancer).

3. SURGERY

not metastasized cancers prostate, breast or testicular cancers

4. IMMUNOTHERAPY

immune system made strong to fight against cancers

5. HORMONE THERAPY

killing cancer cells by altering hormone levels

6. GENE THERAPY

replacing defective genes



CLASSIFICATION OF ANTINEOPLASTIC AGENTS

There are two Major Groups of Anticancer Drugs:

1. CHEMICAL STRUCTURE AND RESOURCE OF THE DRUG

A) Cytotoxic Drugs (largest group)

- Alkylating agents
- Antimetabolites
- Antitumor antibiotics
- Plant-derived products
- Miscellaneous cytotoxic drugs

B) Hormones and hormone antagonists

C) Immunomodulators

- Immunostimulants
- Immunosuppressant

2. CELL CYCLE OR PHASE SPECIFICITY OF THE DRUG

A) Cell cycle non- specific agents(CCNS)

Ex : Alkylating Agents, Platinum Compounds, Antibiotics

B) Cell cycle specific agents:

Drugs that act during a specific phase of the cell cycle

- S- Phase - Antimetabolites , Topoisomerase Inhibitors
- M Phase - Vinca Alkaloids, Taxanes
- G2 Phase – Bleomycin

Chemical Classification of Anti-Cancer Agents

ALKYLATING AGENTS

A) Nitrogen Mustards

- Mechlorethamine
- Cyclophosphamide
- Melphalan
- Chlorambucil

B) Nitrosoureas

- Carmustine
- Lomustine
- semustine

C) Alkyl Sulfonates

- Busulfan

D) Triazine

- Dacarbazine
- Procarbazine

E) Ethylenimine

- Thio-TEPA

ANTIMETABOLITES

A) Folate antagonist

- Methotrexate

B) Purine antagonist

- 6-mercaptopurine
- 6-thioguanine
- Azathioprine

C) Pyrimidine antagonist

- 5-Fluorouracil
- Cytarabine

ANTIBIOTICS

- Actinomycin(D-actinomycin)**
- Doxorubicin**
- Daunorubicin(rubidomycin)**
- Bleomycin**
- Mitoxantrone**
- Mitomycin C**
- Mithramycin(plicamycin)**

IMMUNOMODULATORS

- A) Levamisole**
- B) Interferons**
 - Interferon alfa-2a and 2 b**
- C) Interleukins**
 - Aldesleukin**

PLANT-DERIVED PRODUCTS

A) VINCA ALKALOIDS

-Vincristine

-Vinblastine

B) TAXANES

-Paclitaxel

-Docetaxel

C) EPODOPHYLLO TOXIN

-Etoposide

-Teniposide

HORMONES AND HORMONE ANTAGONISTS

A) Glucocorticoids

-Prednisolon

-Prednisone

B) Estrogen

-Diethylstilbestrol

C) Anti-estrogen

-Tamoxifen

D) Androgens & Anti-androgens

-Testosteron

-Flutamide

E) Progestin

-Medroxy Progesteron

Acetate

MISCELLANEOUS AGENTS

-Hydroxyurea (Hydrea)

-Mitotane

-Cisplatin

-Carboplatin

-Mitoxantrone

Enzymes:

-L- Asparaginase (Elspar)

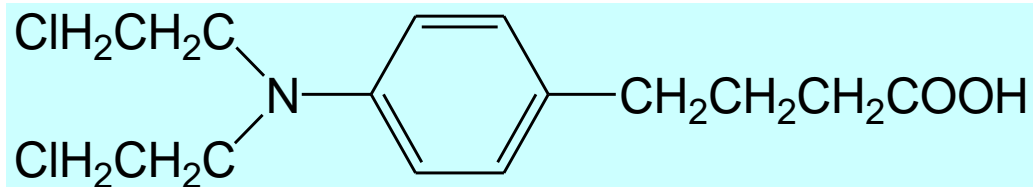
MONOCLONAL ANTIBODIES

- Trantuzumab

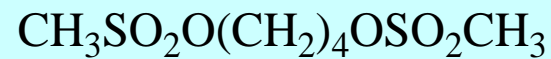
- Rituximab

-Imatinib

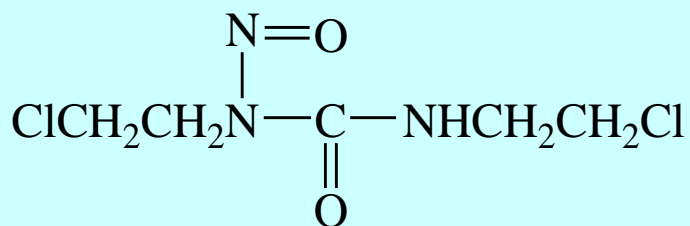
Structures of Alkylating Agents



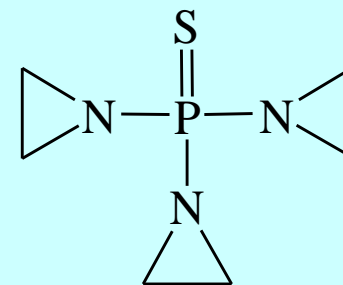
Chlorambucil



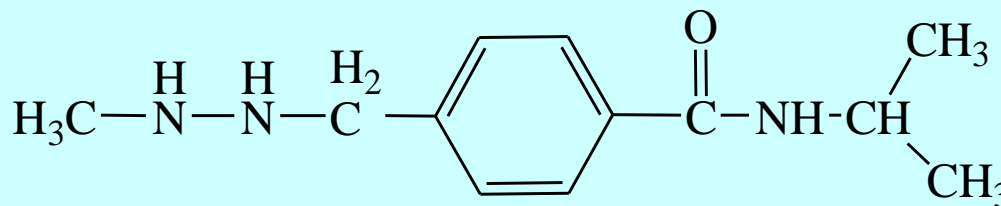
Busulfan



Carmustine

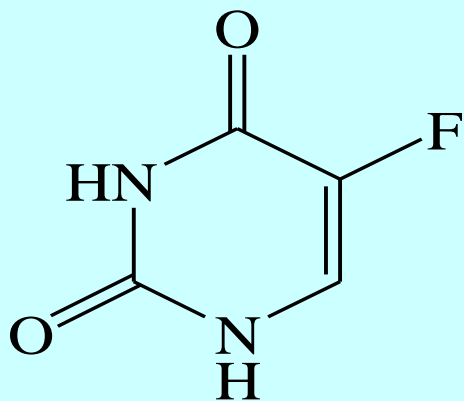


Thio-TEPA

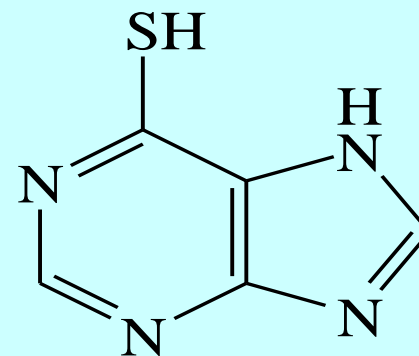


Procarbazine

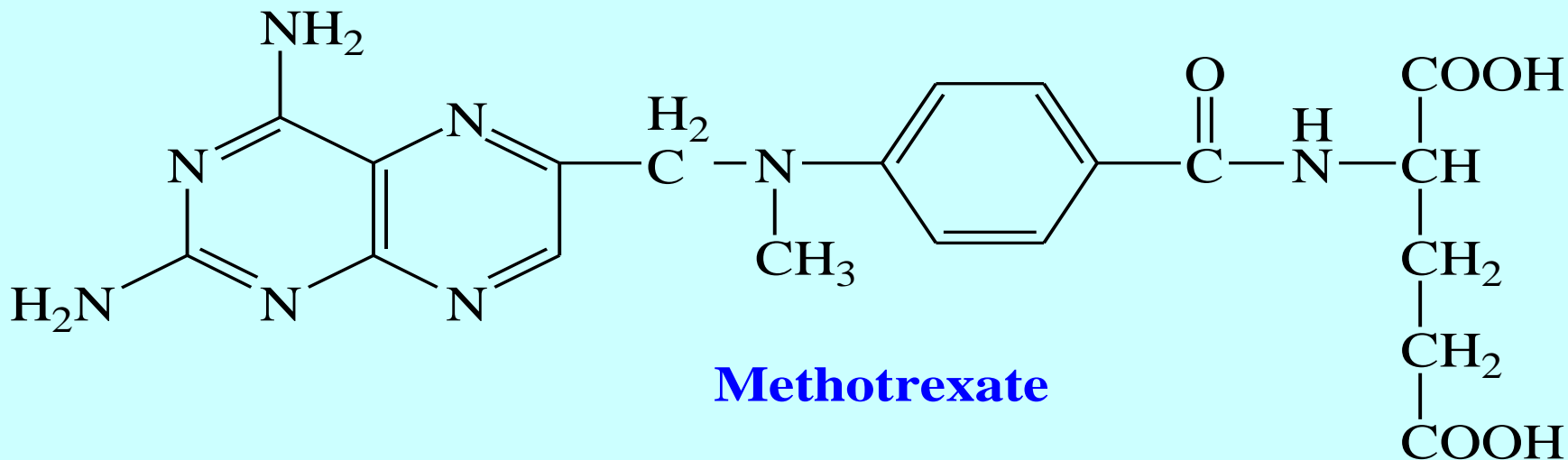
Structures of Antimetabolites



5-Fluoro uracil

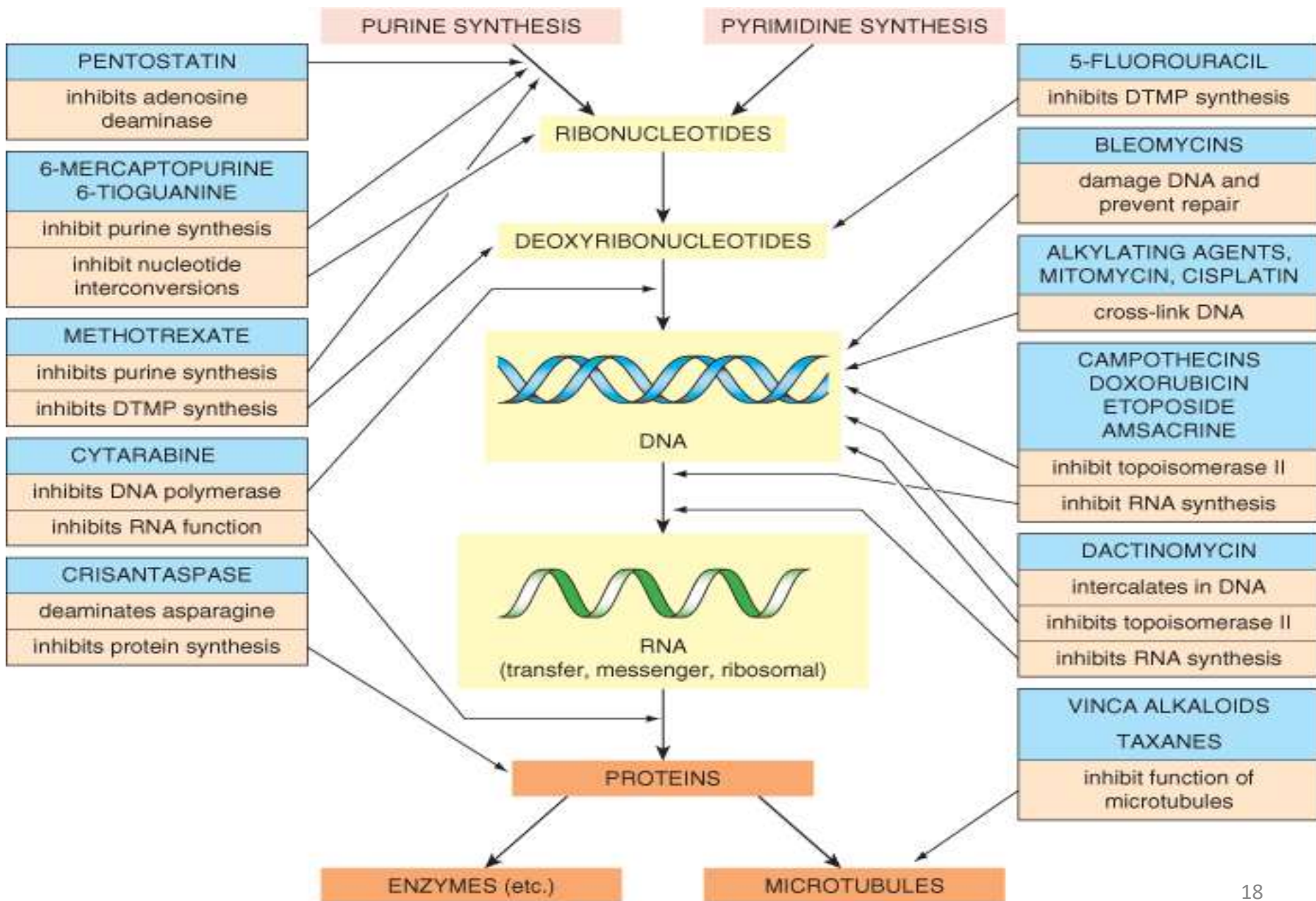


Mercaptopurine



Methotrexate

MECHANISM OF ACTION OF CYTOTOXIC AGENTS

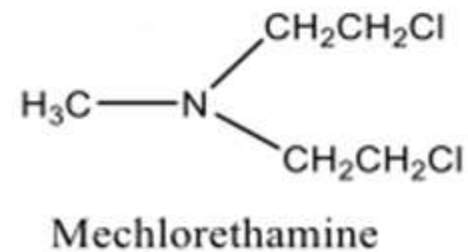
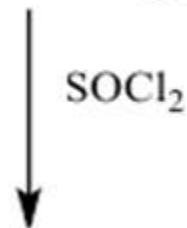
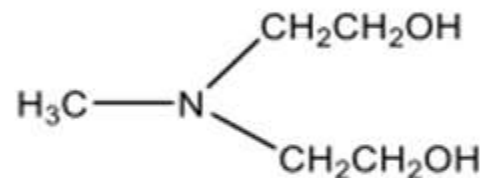
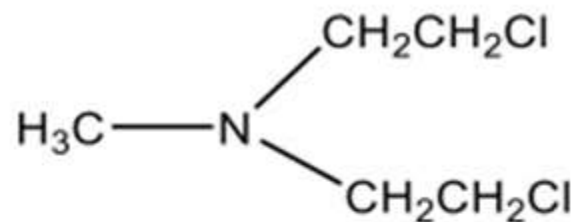


Anticancer agent	1. Mechanism of Action	2. Clinical application	3. Route	4. Side effects
a. Nitrogen Mustards				
Mechlorethamine	DNA cross-links, resulting in inhibition of DNA synthesis and function	Hodgkin's and non-Hodgkin's lymphoma	Must be given Orally	Nausea and vomiting, decrease in PBL count, BM depression, bleeding, alopecia, skin pigmentation, pulmonary fibrosis
b. Alkyl Sulfonates				
Busulfan	Atypical alkylating agent.	Chronic granulocytic leukemia	Orally effective	Bone marrow depression, pulmonary fibrosis, and hyperuricemia
c. Nitrosoureas				
Lomustine	Lomustine alkylates and crosslinks DNA, thereby inhibiting DNA and RNA synthesis. Lomustine is lipophilic and crosses the blood-brain barrier	Hodgkins and non-Hodgkins lymphoma, malignant melanoma and epidermoid carcinoma of lung	Orally effective	Nausea and vomiting, Nephrotoxicity, nerve dysfunction

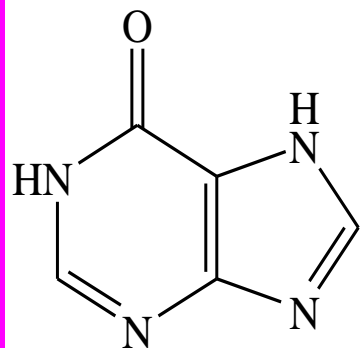
Anticancer agent	1. MOA	2. Clinical application	3. Route	4. Side effects
Antimetabolites				
Pyrimidine Analogs: Cytosine	inhibits DNA synthesis	most effective agent for induction of remission in acute myelocytic leukemia; also used for induction of remission acute lymphoblastic leukemia, non-Hodgkin's lymphomas; usually used in combination chemotherapy	Orally effective	bone marrow depression
Plant alkaloids				
A. Vincristine	Cytotoxic: Inhibition of mitotic spindle formation by binding to tubulin. M-phase of the cell cycle.	Metastatic testicular cancer, Hodgkins and non-Hodgkins lymphoma, Kaposi's sarcoma, breast carcinoma, neuroblastoma	I.V.	Bone marrow depression, epithelial ulceration, GI disturbances, neurotoxicity
Antibiotics				
a. Dactinomycin (ACTINOMYCIN D)	It binds to DNA and inhibits RNA synthesis, impaired mRNA production & protein synthesis	Rhabdomyosarcoma and Wilm's tumor in children;	I.V.	Bone marrow depression, nausea and vomiting, alopecia, GI disturbances, and ulcerations of oral mucosa
Epipodophyllotoxins				
A. Etoposide	Binds to and inhibits Topoisomerase II and its function. Fragmentation of DNA leading to cell death, apoptosis.	Testicular cancer, small-cell lung carcinoma, Hodgkin lymphoma, carcinoma of breast, Kaposi's sarcoma associated with AIDS	I.V.	Myelo suppression, alopecia

Synthesis of Mechlorethamine

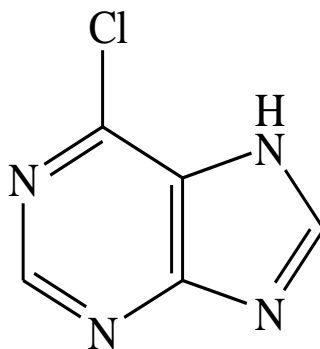
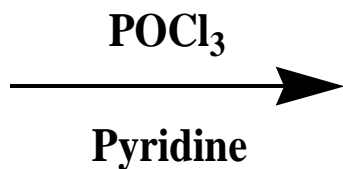
Mechlorethamine



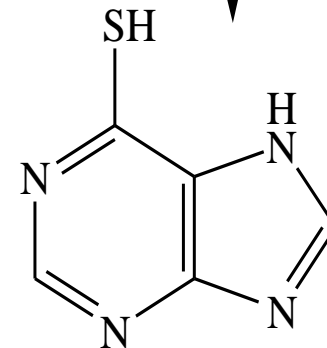
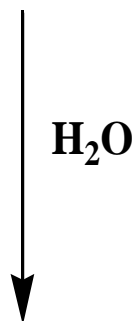
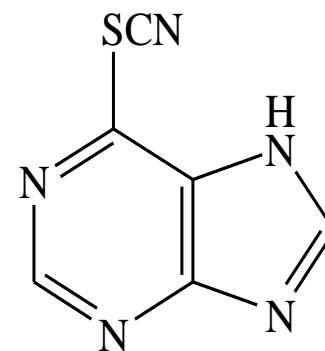
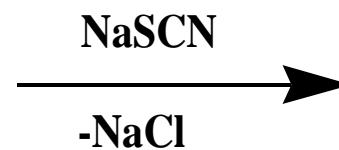
Synthesis of Mercaptopurine



Hypoxanthine



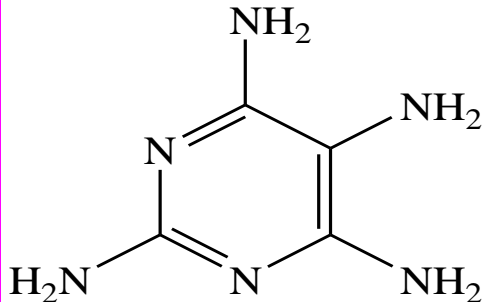
6-chloro purine



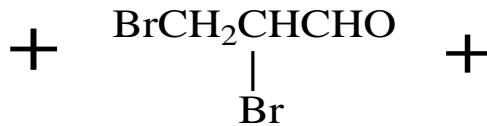
Mercaptopurine²²

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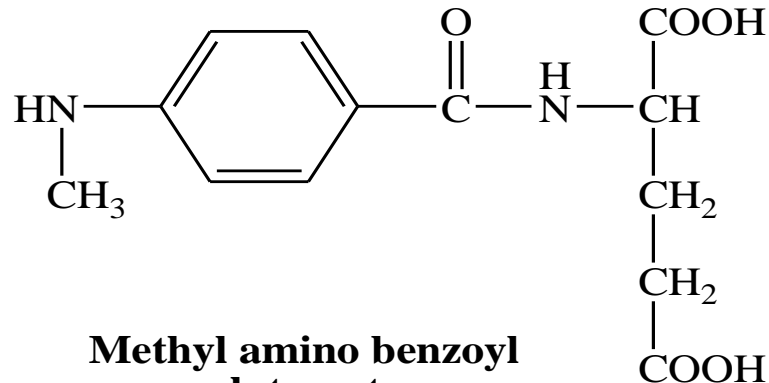
Synthesis of Methotrexate



**2,4,5,6-Tetra amino
pyrimidine**



**2,3-dibromo
propionaldehyde**

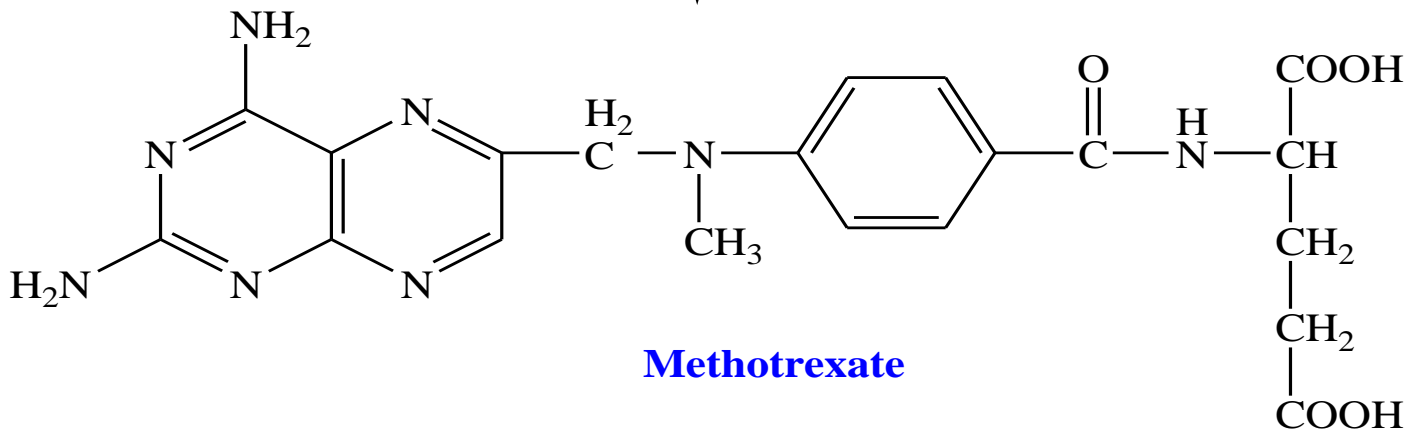


**Methyl amino benzoyl
glutamate**

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**Cyclization
Dehydration
-2HBr/H₂O**

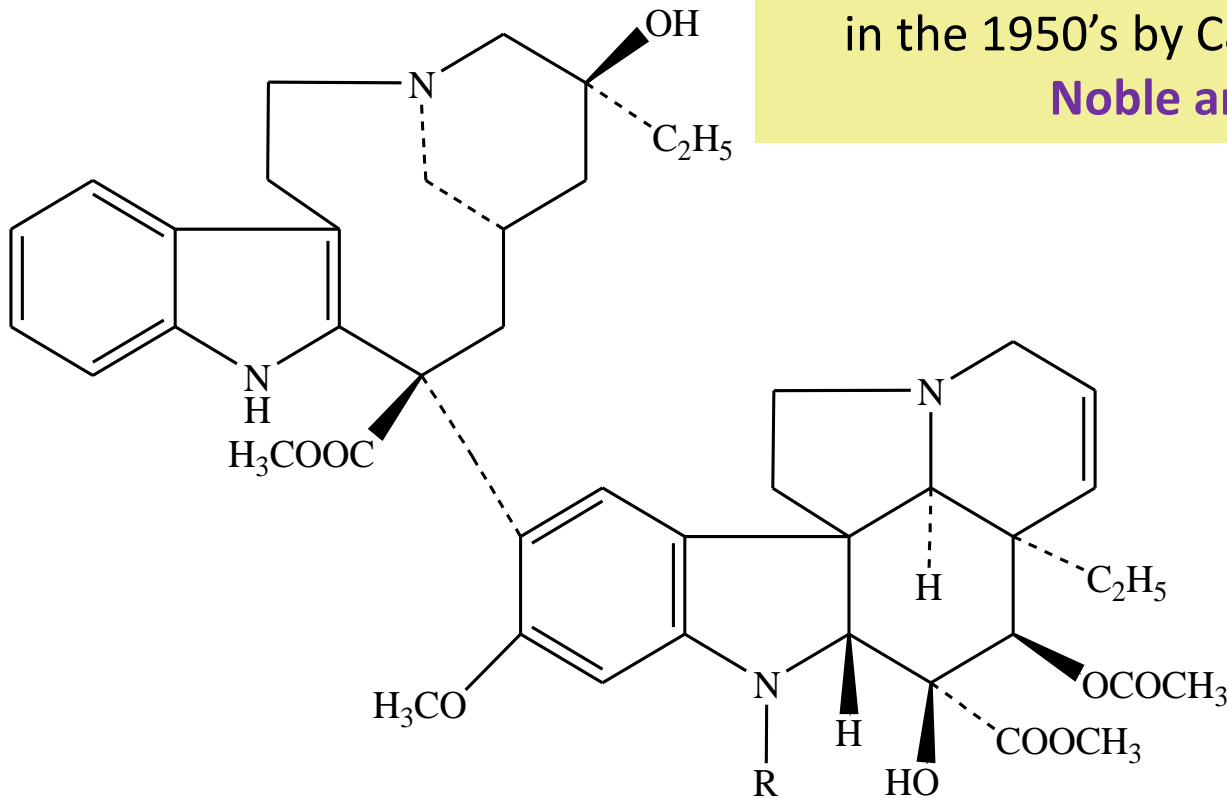
**lime water
NaOH
CH₃COOH**



Methotrexate

VINCA ALKALOIDS

Vinca alkaloids are a set of anti-mitotic and anti-microtubule **alkaloid** agents originally derived from the Madagascar periwinkle plant **Catharanthus roseus** (basionym **Vinca rosea**) and other **Vinca** plants. **Vinca alkaloids** are used in chemotherapy for cancer. They were discovered in the 1950's by Canadian scientists, **Robert Noble and Charles Beer**.

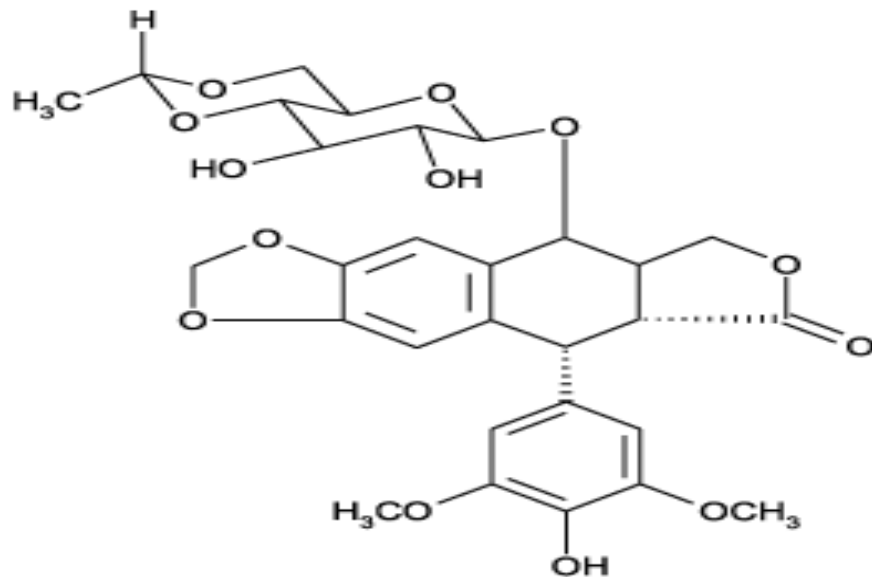


R = CHO - Vincristine

R = CH₃ - Vinblastine



Etoposide, sold under the brand name Vepesid among others, is a chemotherapy medication used for the treatments of a number of types of cancer including testicular cancer, lung cancer, lymphoma, leukemia, neuroblastoma, and ovarian cancer. It is also used for hemophagocytic lymphohistiocytosis.



TOXICITIES

❖ *Bone marrow depression*

❖ *Buccal mucosa erosion*

❖ *GIT:*

-*Diarrhoea*

-*Haemorrhage*

-*Nausea*

-*Vomiting*

❖ *Alopecia*

❖ *Carcinogenicity*

❖ *Teratogenicity*

❖ *Hyperuricemia*

❖ *Folinic acid rescue*

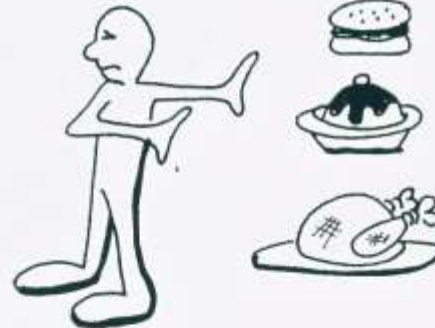
ANTICANCER DRUGS ADVERSE REACTIONS/PRECAUTIONS



BONE MARROW SUPPRESSION



NAUSEA & VOMITING



ANOREXIA



GI DISTURBANCES



ALOPECIA



AVOID PREGNANCY

Common combination chemotherapy drugs

Cancer type	Drugs	Acronym
Breast cancer	Cyclophosphamide, Methotrexate, 5-fluorouracil	CMF
	Doxorubicin, Cyclophosphamide	DC
Hodgkin's disease	Mustine, Vincristine, Procarbazine, Prednisolone	MVPP
	Doxorubicin, Bleomycin, Vinblastine, Dacarbazine	DBVD
Non-Hodgkin's lymphoma	Cyclophosphamide, Doxorubicin, Vincristine, Prednisolone	CDVP
Germ cell tumor	Bleomycin, Etoposide, Cisplatin	BEC
Stomach cancer	Epirubicin, Cisplatin, 5-fluorouracil	ECF
	Epirubicin, Cisplatin, Capecitabine	ECC
Bladder cancer	Methotrexate, Vincristine, Doxorubicin, Cisplatin	MVDC
Lung cancer	Cyclophosphamide, Doxorubicin, Vincristine,	CDV
Colorectal cancer	5-fluorouracil, Folinic acid, Oxaliplatin	FFO

Seven Steps to Prevent Cancer



- 1 Don't use tobacco.
- 2 Protect your skin from the sun.
- 3 Eat a healthy diet.
- 4 Maintain a healthy weight and be physically active.
- 5 Practice safer sex and avoid risky behaviors.
- 6 Get immunized (HPV & hepatitis vaccines).
- 7 Know your family medical history and get regular cancer screenings.

To learn more, please visit www.preventcancer.org



Anti-cancer Super Foods



Turmeric



Cruciferous vegetables



Legumes



Garlic



Lemon



Berries



Oily Fishes like Tuna



Nuts like Almonds

www.siddham.in

A woman with long dark hair, wearing a pink sleeveless top and black pants, is captured mid-jump in a grassy field. She has her arms raised and a joyful expression. The background is a bright blue sky with scattered white clouds. In the foreground, there is a field of green grass with small white flowers. To the right, there are utility poles and power lines stretching across the landscape.

**“Attitude is a little
thing that makes
a big difference.”**

WINSTON CHURCHILL



“Cancer can take away all of my physical abilities. It cannot touch my mind, it cannot touch my heart, and it cannot touch my soul.”

JIM VALVANO



smoking and drinking is injurious to health.....